



## Corporate Team Building & Private Outings

### TEAM BUILDING via CURLING

- Improves morale and leadership skills and the ability to problem solve.
- Clearly defines objectives and goals; improves organizational productivity.
- Provides a positive yet competitive spirit, encouraging all to get involved.
- Provides a degree of risk-taking in an unfamiliar setting, sets a common goal and produces a sense of achievement.
- Builds communication skills, individual cooperation, trust and appreciation of teammates.

### THE CURLING PROGRAM

Participants should wear warm, loose-fitting clothing, in layers and bring a clean pair of rubber-soled sneakers/boat shoes, hats and gloves. The ice shed temperature is generally in the 40's.

Volunteer instructors will teach participants the basics of curling in a comfortable and safe environment. Typically programs are 2-3 hours in duration with the following timeline:

- Upon arrival, sign in and complete release forms, obtain name tags and get fitted for grippers to wear on the ice.
- Warm Room introduction and instructions, club safety and rules. Set up teams and assign ice sheets.

-On ice curling instructions include:

- ice safety and introduction to the playing surface;
- sweeping techniques, proper positions for delivering stones, keeping score and strategy (if a participant has knee, hip or back issues, we can teach them an alternate standing delivery method);
- a short curling match with instructors' guidance and assistance.
- Post-game discussion with instructors and social time in the Warm Room. Return equipment.

### PROGRAM DETAILS

We can accommodate groups of 8 (minimum) to 32 participants for a 2-3 hour session. Many weekday mornings and afternoons are available for scheduling events from mid-October through early April. Please reserve your event as early as possible.

Fees are \$40 per person, minimum of \$320 for a session. This includes use of Equipment, Instructions, Ice Rental and use of the Warm Room and locker rooms. A \$100 deposit is required to reserve ice time. Additional time for Warm Room use beyond three hours will be at a cost of \$25 per hour. The balance of payment is due at the start of your program, payable by Cash or Check only.

You may bring your own food and non-alcoholic beverages or order from a local restaurant (ask us for suggestions) for delivery to the Club, at your expense. You may also use our kitchen facility, but you are responsible for cleaning up after yourselves. Bartender services are available (cash bar). All alcoholic beverages must be purchased and consumed in the Club.

For Reservations, please contact:

sccCorporateEvents@gmail.com 518-966-CURL